

APPOINTMENT INFORMATION

This test will be performed at one of the following four locations:

South East: 103, 51 Sunpark Drive SE, Calgary, AB T2X 3V4

North East: 1011, 53 Avenue NE, Calgary, AB T2E 6X9

South West: 320, 5504 Macleod Trail SW, Calgary, AB T2H 0J5

North West: 102, 60 Crowfoot Crescent NW, Calgary, AB T3G 3J9

Lung Function Tests

There are 2 types of lung function test: Pulmonary Function Test (PFT) and Spirometry.

PULMONARY FUNCTION TEST (PFT):

This test measures how well the lungs take in and release air and how well they move gases such as oxygen from the atmosphere into the body's circulation. This test usually takes **45 minutes** to complete.

SPIROMETRY:

This lung function test measures the amount and / or speed of air that can be inhaled and exhaled. This takes approximately **30 minutes**.

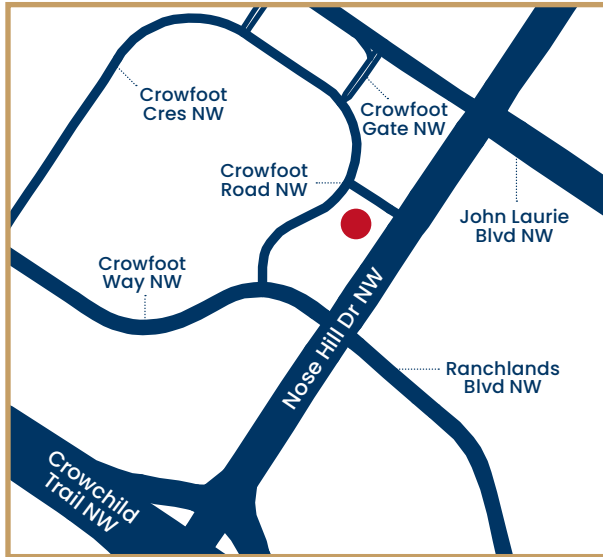
To get the most accurate results from your breathing tests:

- ✘ Do not smoke or vape for at least **1 hour** before the test.
- ✘ Do not drink alcohol for at least **8 hours** before the test.
- ✘ Do not exercise heavily for at least **30 minutes** before the test.
- ✘ Do not wear tight clothing that makes it difficult for you to take a deep breath.
- ✘ Do not eat a large meal within **2 hours** before the test.
- ✘ If you have had eye surgery, sinus, or middle ear surgery or a heart attack within **1 week** or thoracic, abdominal or brain surgery within **4 weeks**, you will likely need to delay. Please inform our office if this applies to you.

Unless you have been instructed otherwise by your physician or our staff, withhold taking medications that open your airways. If you do not see your inhaler on this list, ask our staff or your healthcare professional:

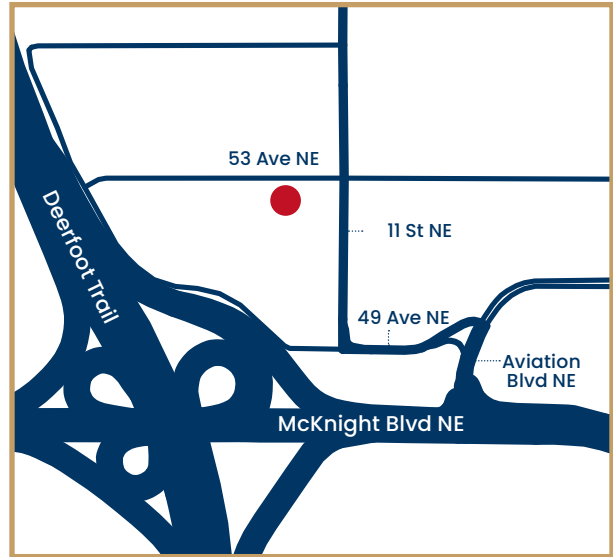
- ✘ Do not use bronchodilators such as *Ventolin*, *Airomir*, and *Bricanyl* for at least **4 hours** before your test.
- ✘ Do not use *Atrovent* or *Combivent Respimat* for **12 hours** before your test.
- ✘ Do not use *Onbrez*, *Serevent*, *Striverdi*, *Symbicort*, *Advair*, or *Breo* for **24 hours** before your test.
- ✘ Do not use *Spiriva*, *Incruse*, *Seebri*, *Anoro*, *Ultibro*, *Inspirolo*, *Tudorza*, *Trelegy*, or *Duaklir* for **48 hours** before your test.
- ✘ If you are concerned that you cannot get off your inhalers safely, please contact our office to discuss.

WHERE TO FIND US



North West
Crowchild Trail NW
& Nose Hill Dr. NW

102, 60 Crowfoot Crescent
NW, Calgary, AB T3G 3J9



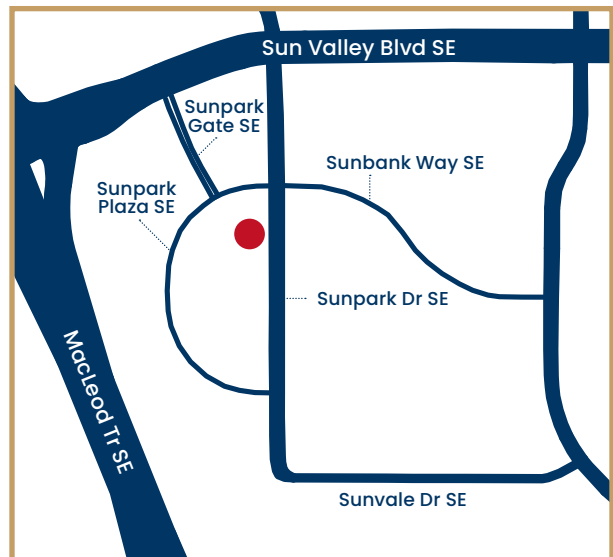
North East
Deerfoot Trail North
& McKnight Blvd. NE

1011, 53 Avenue NE
Calgary, AB T2E 6X9



South West
MacLeod Trail South
& 58 Avenue SW

320, 5504 Macleod Trail SW,
Calgary, AB T2H 0J5



South East
MacLeod Trail South
& Sun Valley Blvd. SE

103, 51 Sunpark Drive SE
Calgary, AB T2X 3V4